PANTHER BASKETBALL **SKILLS ACADEMY**

Monday's and Wednesday's from June 5th to June 21st

Grades 1-5 Grades 6-9 9:00-10:00 am 10:30-Noon

Westside School **High School**

**Grade going into next year.

Emphasis will be placed on preparing players for success in the Panther basketball program. The main objective will be to establish quality practice habits and a better understanding of the key components of team play by providing the building blocks for player development. Skills will be introduced to challenge and engage each players individually in order to instill the proper fundamentals.



"Excellence is not a singular act, but a habit. You are what you repeatedly do."

Cost:

Players will receive instruction in:

- Ball Handling
- Footwork & Body Control
- Passing & Receiving
- Shooting
- Rebounding & Screening
- Individual Defensive Positioning & Footwork
- Team Offensive & Defensive Concepts

- The academy offers a solid foundation in skill development in all areas.
- Our teaching progressions take into account each player's age and skill level.
- We aim to develop confidence and improve your basketball skills.

The camp will be run by the high school varsity coaching staff. Head Coach Mike Heny has over 25 years of experience coaching at both youth and varsity levels.

Sign-up Form	Make Checks Payable to Powell Panther Basketball	
Name Grade	Check Session to Attend:	Drop off form at the Powell Recreation Dis- trict Office or send form and payment to:
Parent E-mail Address (If best contact method.)	☐ Session 1—Grades 1-5	Mike Heny 1147 Aspen Lane
Phone	☐ Session 2—Grades 6-9	Powell, WY 82435
Parent Signature		_
I understand that the staff is not and will not be held responsible	Cost:	For more information contact Coach Mike Heny at

for illness or injury while my child participates in camp activities. I authorize the staff to secure any emergency treatment deemed necessary. I also acknowledge that the above participant is physically ready for camp activities.

\$50

ntact 202-1410 or mwheny@pcsdl.org